



David Ballard, Psy.D., M.B.A.

**Founder and Principal
GhostNote Consulting
Ballygally, Northern Ireland**

Dr. David Ballard is an organizational consultant with more than 15 years of prior experience as a nonprofit executive. His emphasis is on promoting employee well-being and organizational performance through the integration of psychology and business. Dr. Ballard's work focuses on organizational effectiveness, occupational health promotion, workplace mental health, program design and evaluation, and systems-level workplace interventions. He has provided research, consultation and training services to government agencies, industry groups, corporations, private equity firms, medical schools and universities. During his time at the American Psychological Association, Dr. Ballard led APA's Office of Applied Psychology, Center for Organizational Excellence and Psychologically Healthy Workplace Program. He currently serves on the boards of directors for The Health Project, which presents the prestigious C. Everett Koop National Health Awards, and Sound Mind, a nonprofit organization that opens mental health dialogues for musicians, fans and organizations. Dr. Ballard chairs the Society for Occupational Health Psychology's Practitioner Committee, co-chairs the Advisory Committee for the Carolyn C. Mattingly Award for Mental Health in the Workplace, and is a member of NIOSH's Cross-Sector Council on Healthy Work Design and Well-Being. He is also a member of the External Advisory Board for the Johns Hopkins P.O.E. Total Worker Health Center in Mental Health and serves as Scientific Advisor for Workforce Mental Health at the Health Enhancement Research Organization (HERO) and Senior Scientist for the Mental Health at Work Index. Dr. Ballard is co-editor of the book, *The Psychologically Healthy Workplace: Building a Win-Win Environment for Organizations and Employees*. He received his doctorate in psychology and his M.B.A. degree in health services administration from Widener University.