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Carole Bonner is an experienced applied statistician and public health researcher with over 20 years of expertise in data management, statistical analysis, and quality assurance. Currently pursuing a Ph.D. degree in public health, Carole holds a master of science degree in applied statistics, a master of engineering degree in technology, and a bachelor of science degree in mathematical sciences, providing a strong foundation for her innovative work. At the Integrated Benefits Institute, Carole leads groundbreaking research on employee health and productivity. Her exceptional ability to translate complex data from various sources into practical strategies has made her an asset to HR decision makers and employee benefits professionals. Carole's diverse skill set includes advanced statistical modeling, research and survey methodology, and data visualization. Her innovative approach to statistical analysis and data visualization, combined with her ability to communicate complex findings in accessible terms, provides fresh perspectives on today's most critical workplace health issues.