

## Elizabeth Markle, Ph.D.

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Elizabeth Markle, Ph.D., is a licensed psychologist, speaker, writer, researcher and associate professor of community mental health at California Institute of Integral Studies. Dedicated to multi-theoretical and multi-level approaches to individual and community health and healing, Markle's current area of study and innovation is around combining clinical expertise with social entrepreneurship to create sustainable, thriving cultures of health and wellness. She is the co-founder of Open Source Wellness (www.OpenSourceWellness.org), a nonprofit initiative offering experiential behavioral health and wellness via a "Community As Medicine" approach in collaboration with health care providers and insurers. Her current quest is around creating intimacy at scale, creating solutions for authentic and nourishing human connection facilitated by technology. Markle received her doctorate degree in counseling psychology from Northeastern University and her M.A. degree in counseling psychology from Pacifica Graduate Institute.