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Katie joined McGriff Insurance Services in 2018 as vice president and practice leader of clinical wellness. As an experienced researcher, clinician, and consultant, she provides strategic direction and best practices for promoting better employee health and well-being. Katie has published and presented both the impacts and strategies for cost mitigation on topics such as obesity, chronic pain, and suicide awareness. As part of the Specialty National Practice, Katie works with clients across the country, and she is familiar with the different regional and industrial influences and how they can impact health. She believes in a multifaceted approach to well-being, including aspects such as safety, behavioral influences, and social determinants of health to help provide employees the best opportunities to improve their health and well-being.