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Joyce Odidison is a workplace wellness keynote speaker and thought leader. She pioneered the Wellness Improvement System® and the Well-being Intelligence Curriculum™, which teaches a four-step process to identify and mitigate hidden risk factors affecting psychological safety, performance, and well-being at work and in relationships. With 27 years of experience as a conflict analyst, corporate trainer, university lecturer, and Master Certified Coach, Joyce effortlessly transitions clients from high-stress conflicts to interpersonal wellness. As president and chief executive officer of Interpersonal Wellness Services Inc., she developed the first ICF Approved Wellness Coach Training program, the Global Workplace Wellness Summit, and the Wellness Competency Academy. Joyce offers targeted well-being solutions for EAP plans, HR departments, health plans, workplace wellness programs, health care professionals, coaches, consultants, individuals, and families, transforming organizational approaches to holistic well-being.