



**Cailene Pisciotta, LPC, NCC**

**Staff Health and Wellness Clinician  
Phoenix Union High School District  
Phoenix, Arizona**

Cailene Pisciotta is a licensed professional counselor who believes in a strengths-based and behavioral approach to helping all individuals thrive. She has a B.A. degree in psychology from Saint Mary's College in South Bend, Indiana. She received her M.A. degree in clinical counseling with an emphasis on the treatment of addiction disorders at the Chicago School of Professional Psychology. She has been practicing in the mental health field since 2010, serving a diverse population of clients with a wide range of mental health issues. Her training includes addiction treatment, strengths-based therapy, dialectical behavioral therapy, motivational interviewing, cognitive behavioral therapy, and crisis prevention and intervention. Cailene believes wellness is a team effort; she works with each person in a collaborative manner, building confidence in their abilities and achieving successful outcomes.