



Krystal Sexton, Ph.D.

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Krystal Sexton, Ph.D., is the global health analytics manager at Shell and a globally recognized leader in health and well-being. Krystal has been an invited speaker at many international and U.S.-based symposia, a panelist on workplace mental health at the United Nations General Assembly, an author of numerous publications and book chapters, and an advisor and a board of directors member for scientific nonprofit and government organizations. Over the past two decades, Krystal has held positions in academia and industry, with her work spanning across health disparities and inequities as well as workplace mental and physical health. Krystal was a faculty member at Baylor College of Medicine with a research focus on disparities in breast cancer diagnosis and survival of minority women. At Shell, she helped develop a holistic approach to health that covers physical, mental, and social health, and she led the well-being team for North and South Americas for several years. Krystal now leads a global team of epidemiologists and health analysts who support cross-discipline and cross-functional work across Shell, primarily focusing on holistic health and its association with business and health outcomes. Krystal obtained an M.S. degree in biostatistics and a Ph.D. degree in epidemiology from the University of Texas School of Public Health, and she completed postdoctoral fellowships at both MD Anderson Cancer Center and Baylor College of Medicine. In her spare time, she loves cooking, traveling, and all outdoor activities, and she loves spending time with her husband, son, and their rescue dog and cats.